



College of fine arts and communication

Spring convocation



Student success



Aman Pirate Challenge

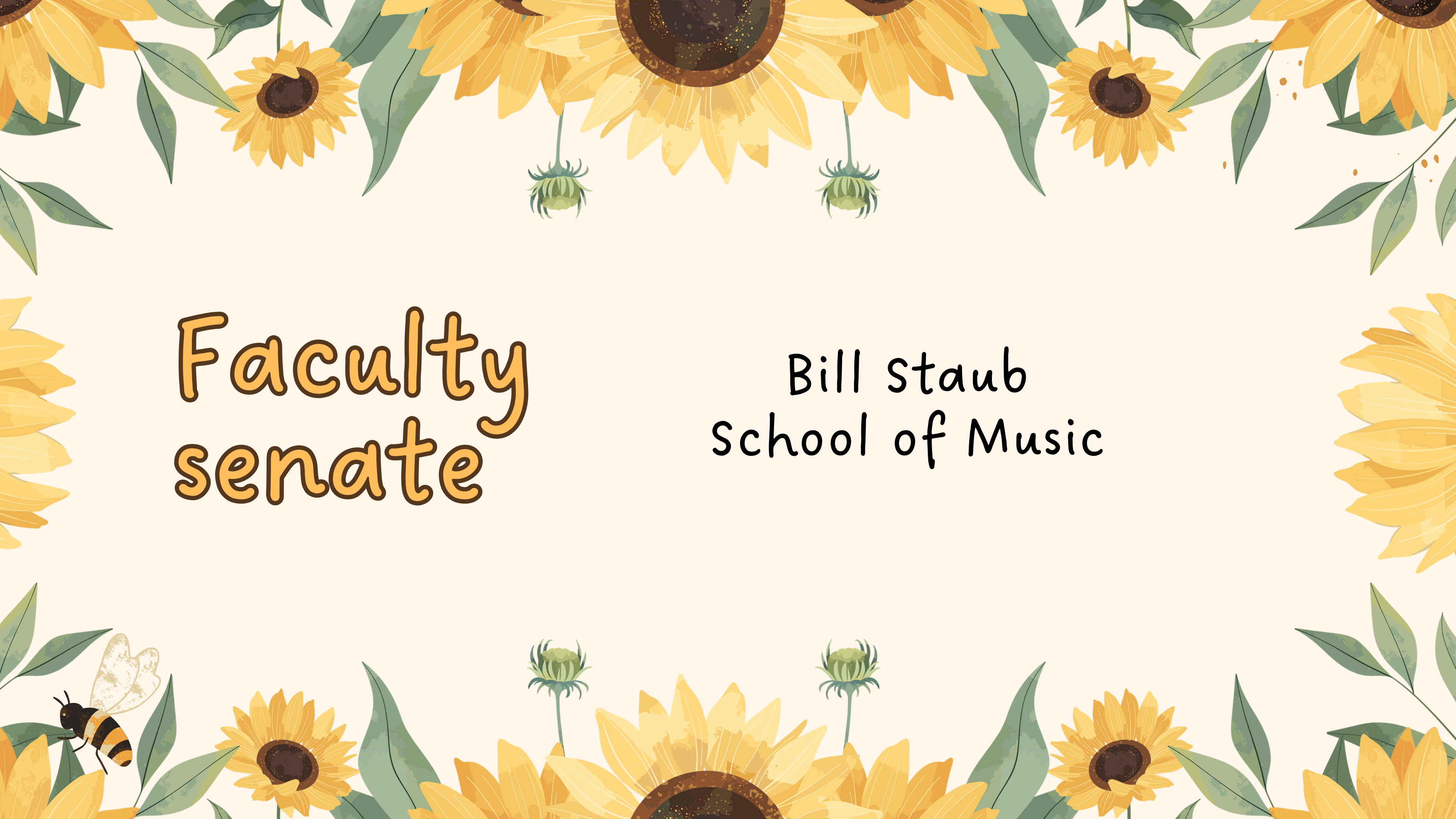
2025 Report

Aman Pirate Challenge Fellows

- Kayla Cordy
- Lex Tormey
- Lital Sokolsky
- Nikki Berkhof
- Sara Demolli
- Gabriella Galvan

2025-2026 Opportunity





Faculty senate

Bill Staub
School of Music



Faculty Senate Report CFAC Convocation

04/30/2025, WILLIAM STAUB

Faculty Senate Wrapped Up Yesterday

- ▶ Our final regular business meeting was 04/22/2025
- ▶ Our organizational meeting was yesterday, 04/29/2025
 - ▶ Election of new officers
 - ▶ Election of new university committee membership

New Faculty Officers

▶ Outgoing Officers

- ▶ Anne Ticknor, Chair of the Faculty
- ▶ Mark Bowler, Vice-Chair of the Faculty
- ▶ Melinda Doty, Secretary
- ▶ William Staub, Parliamentarian

▶ Incoming Officers

- ▶ Mark Bowler, Chair of the Faculty
- ▶ Lisa Ellison, Vice-Chair of the Faculty
- ▶ Donna Robberson, Secretary
- ▶ ???, Parliamentarian

Updates from Faculty Senate

- ▶ Faculty Workload revisions, including guidelines
- ▶ Performance Review of Tenured Faculty (Post Tenure Review) revisions
- ▶ Teaching Effectiveness revisions
- ▶ Equality Within the University of North Carolina revisions
- ▶ New Foundations of American Democracy Graduation Requirement, including course designations
- ▶ Financial Aid Impacts on Advising
- ▶ Academic Program Review revisions
- ▶ And...
 - ▶ Transfer Equivalency for General Education Courses
 - ▶ Fiscal Health Project
 - ▶ Executive Orders impacting Higher Education
 - ▶ Equality Policy revisions to governing documents
 - ▶ February 5 Memo curriculum changes
 - ▶ Federal Funding & Mandates impacts to Higher Education
 - ▶ Faculty Appellate Provisions

Faculty Manual Updates

- ▶ There have been massive updates during Chair Ticknor's terms (3-years)
 - ▶ 10 of the 12 parts to the Faculty Manual have been updated
 - ▶ Highlights include:
 - ▶ Part II: ECU Organization and Shared Governance
 - ▶ Section I: Faculty Constitution & By-Laws
 - ▶ Section V: Faculty Involvement in Selection and Evaluations of Administrators
 - ▶ Part III: UNC System and UNC Code
 - ▶ Section I: UNC Policy Manual and UNC Code (UNC Board of Governors)
 - ▶ Part IV: Academic Units, Codes, and Seven Year Program Evaluation
 - ▶ Section I: Academic Code Units
 - ▶ Section II: Unit Faculty Workload Guidelines

Faculty Manual Updates (cont.)

- ▶ Part V: Academic Freedom & Professional Ethics
 - ▶ Section II Statement on Professional Ethics
- ▶ Part VI: Teaching and Curriculum Regulations, Procedures, and Academic Program Development
 - ▶ Section I: Academic Code Units
 - ▶ Section II: Academic Integrity
 - ▶ Section III: Distance Education Policies
- ▶ Part VIII: Personnel Policies and Procedures for Faculty
 - ▶ Section I: Personnel Policies and Procedures
- ▶ Part IX: Appointment, Tenure, Promotion, and Advancement Policies & Procedures
 - ▶ Section I: Appointment, Tenure, Promotion, & Advancement Policies and Procedures
 - ▶ Section II: Performance Review of Tenured Faculty
- ▶ Part X: Documentation Schedule for Personnel Actions
 - ▶ Section I: Documentation for Personnel Action Dossier
 - ▶ Section II: Schedule for Personnel Actions

Faculty Manual Updates (cont.)

- ▶ Part XI: General Faculty Employment Guidelines and Benefits
 - ▶ Section IV: Equal Employment Opportunity/Affirmative Action Policy
- ▶ Part XII: Faculty Appellate Provisions
 - ▶ Section I: General Appellate Procedures
 - ▶ Section II: Disciplinary Discharge, Suspension, or Demotion
 - ▶ Section III: Non-Reappointment, Denial of Tenure, and Denial of Promotion
 - ▶ Section IV: General Grievances and Non-Disciplinary Separation
 - ▶ Section V: Separation Due to Financial Exigency or Program Curtailment
 - ▶ Section VI: Complaints of Unlawful or Prohibited Harassment, Discrimination or Improper Relationships
 - ▶ Section VII: Effective Date

What to pay attention to...

- ▶ ACCORDING TO ANNE TICKNOR
- ▶ More from the federal government—restructuring, unconventional, chaotic
- ▶ More from the state—less money for UNC System, less money for employees, more restrictions on the money available
- ▶ More from the UNC System—more compliance with policies, regulations, & guidance, more expectations to adapt, more across the system looks

What to pay attention to...

- ▶ ACCORDING TO BILL STAUB
- ▶ Fiscal Health Workgroups
 - ▶ These groups are in the discussion of implementing recommendations from the initial taskforces
 - ▶ Go to <https://fiscalhealth.ecu.edu/> to see more of the recommendations
 - ▶ These task forces will effect everyone

FINALLY...

- ▶ Get involved!
 - ▶ Faculty Governance only works if we are involved
 - ▶ Serve on University Committees
 - ▶ Watch Faculty Senate Meetings
 - ▶ Ask your faculty senators questions



Thank you!

QUESTIONS?



2024-2025

Research and Creative Activity Award

Recipient Presentations

Adrienne
Steiner-Brett

School of
Music

Listen, Breathe,
Move



Robin Haller

School of Art
and Design

Materiality as
Greif

Listen, Breathe, Move:
A multiweek music therapy and
gentle movement virtual pilot
program for informal/family
caregivers



Caregivers' Health

- Over 53 million in U.S in 2020, number rising→ Public Health Issue
- Physical and psychosocial health is significantly lower than non-caregivers and they need interventions and services targeted for their own health to sustain role



Need for interventions that are feasible and acceptable by CGs and are multi-disciplinary for a more holistic health approach

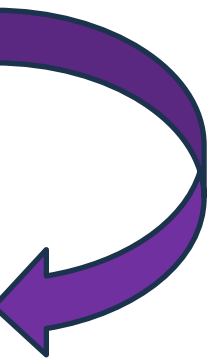
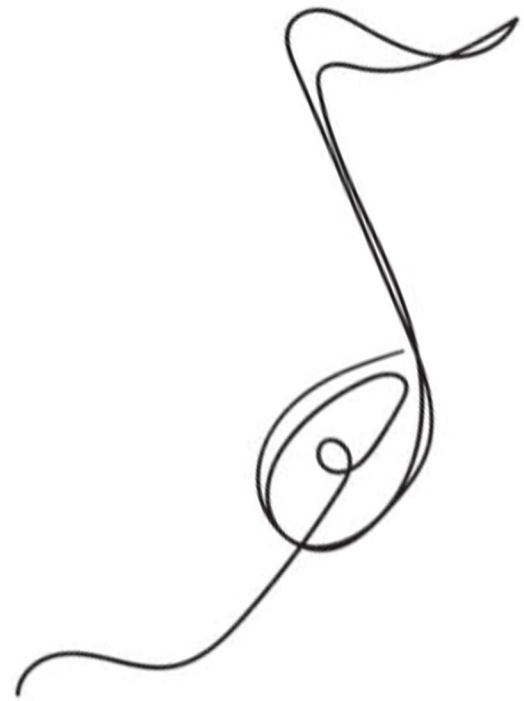
Yoga + CG (and online)= Psychosocial Health Benefit

MT + CG (and online) = Psychosocial Health Benefit

MT + Yoga + CG= Novel and newly explored

LBM-1 Pilot

- Single Session - increased feelings towards physical activity pre to post session and increased caregiver satisfaction and wellbeing pre to two-weeks post



Listen, Breathe, Move



Music Therapy + Yoga Wellness Program
Virtual 4-week

- 4 weekly synchronously delivered
- MT + Mindful Yoga Sessions
 - Music-assisted guided breathing
 - Mindful Yoga Flow & Chair Modifications
 - Music-assisted mindfulness relaxation (alternated b/t Loving-Kindness & Body Scan)

Measures

Pre to post, two-weeks post program, 4-weeks post program

- Wellbeing
- Caregiver Strain
- Guilt
- Perceived Stress

Pre to Post Session

- Feelings towards Physical Activity

Perception Surveys- post session

Resource Utilization- two-weeks & 4-weeks post

Focus Group- 4-weeks post

Preliminary Findings

- N=8 completed; n=6 enrolled in next cohorts
- Low cohort enrollment aligns with other CG studies
- Findings so far are positive
 - Increases in feelings toward PA
 - Decreases in mean perceived stress pre, post, 2-weeks post, 4-weeks post
 - Increases in mean wellbeing scores across all measurement points
 - Decrease in mean caregiver strain by 7 points from pre to 4 weeks post
 - Decrease in mean guilt score by 4 points pre-4-weeks post

Still in active
recruitment!

Listen, Breathe, Move
Research Study

Join us for a **VIRTUAL, 4-week**, integrated music therapy and mindful yoga program targeting psychosocial wellness of informal/family caregivers **in ENC**

DAYTIME TUESDAYS 11:30 AM-12:30 PM	EVENING THURSDAYS 7-8PM	Contact us: listenbreathemove@gmail.com 252-328-4277 (leave a message)
May 13	May 15	
May 20	May 22	
May 27	May 29	
June 3	June 5	
Focus Group: July 1	Focus Group: July 1	

Principal Investigator:
Adrienne C. Steiner-Brett, PhD, MT-BC
steinera19@ecu.edu

WHO CAN PARTICIPATE?

Take care of someone 18
or older with health-
related care, live in ENC,
have stable internet
connection

Listen, Breathe, Move

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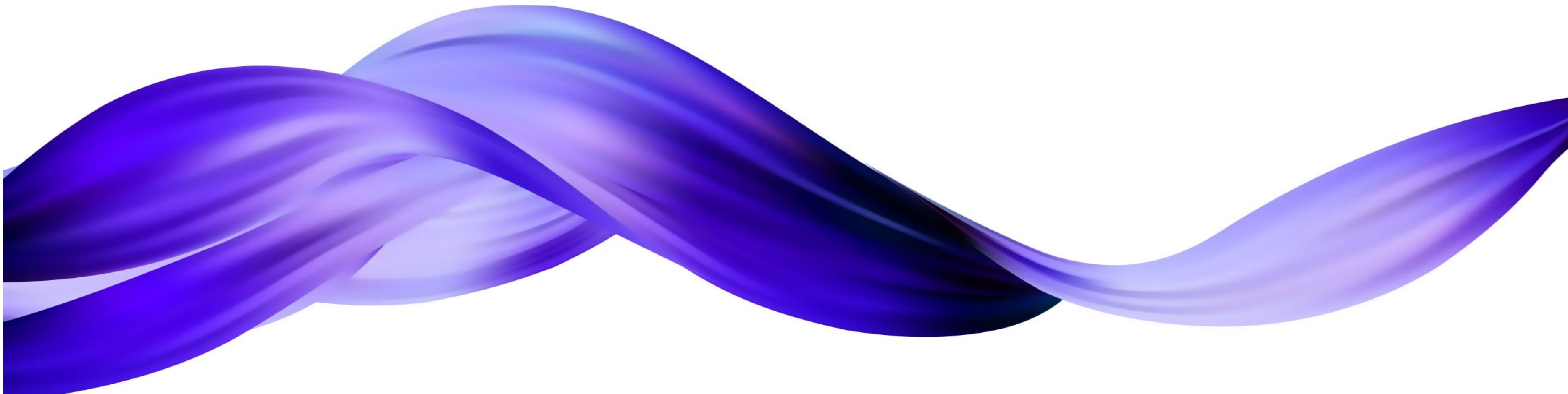
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steinera19@ecu.edu

**“This forces me to take time for myself,
to come upstairs and shut the door, and
do something for me”**

-participant quote from focus group





**Undergraduate Research Assistants &
Interdisciplinary collaboration**

ECU News story on students' experience!
Thanks to CFAC's own Jessica V. !



ECU undergraduates Kensey Tarkington, left, and Abby Ortiz demonstrate the yoga and music therapy they use during the virtual study sessions they lead with informal family caregivers. (Photos by Steven Mantilla)

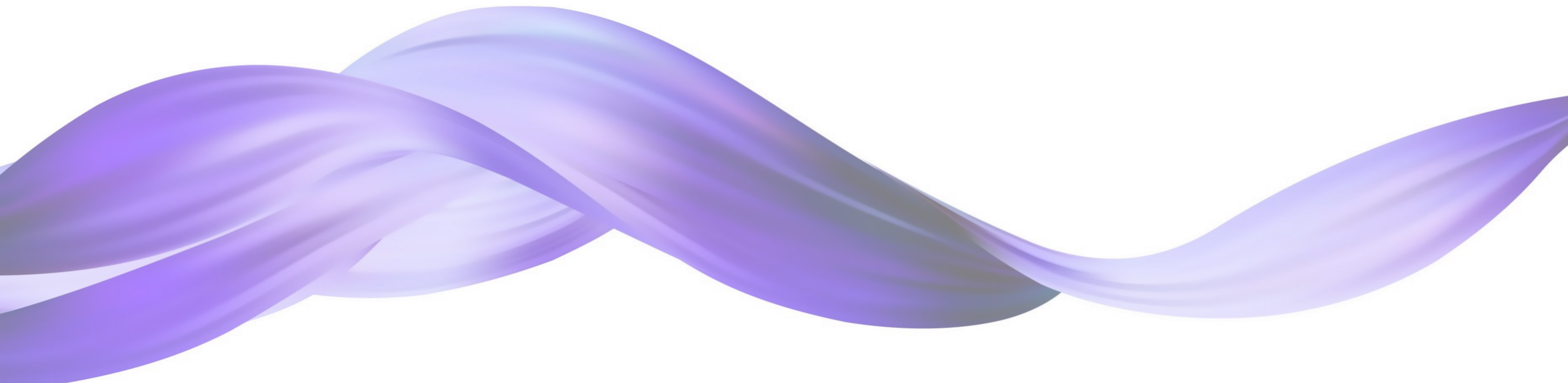
Students pair music therapy, yoga in family caregiver research study

PUBLISHED APR 11, 2025 BY JESSICA VANDERKOLK, RONNIE WOODWARD

FILED UNDER: COMMUNITY ENGAGEMENT, FACULTY/STAFF, FINE ARTS & COMMUNICATION, HEALTH AND HUMAN PERFORMANCE, NEWS, RESEARCH, STUDENTS



Thank you CFACC RCAA
for the
support for this project!



CFAC Spring Convocations
2025

[Click for video](#)



2025-2026
CFAC
Research and Creative Activity Award
Recipients

Navid Bargrizan and
Quintin Mallette

School of Music

Echoes and Rhythms:
Bridging Soundscapes

Rachel Son,
Drew Ashby-King,
Erika Johnson

School of
Communication

Artificial Intelligence in
The Circle, Friend or Foe?





2025-2026 Scholar Teacher Award Recipient



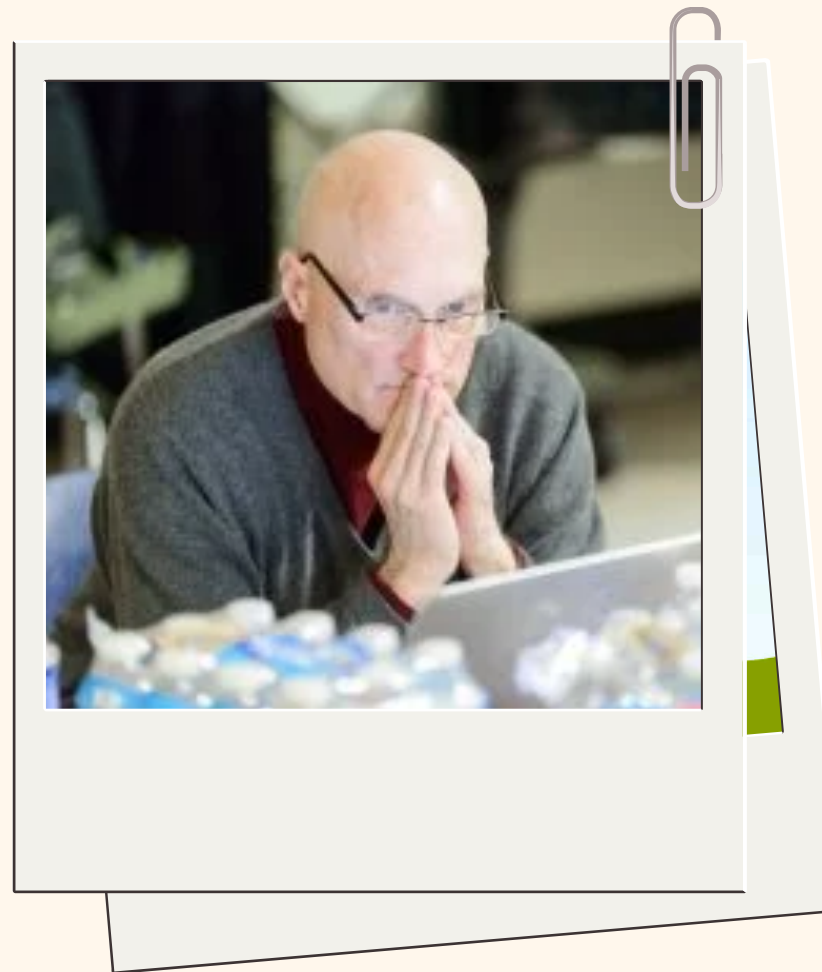
Sachiyo Shearman
School of Communication



Retirements

Mark Taggart--School of Music
Music theory and composition

As Professor of Music Composition at East Carolina University, Dr. Taggart writes opera, (The Dreamer Swan's Inlet, The Doctor on the Mound, Gal Young 'un) for symphony orchestra, (Concerto da camera for Guitar, Symphony of Spirituals, Tarantella) wind ensemble, (Uncertain Times, W S H, Passage,) and much much more. He teaches composition and basic musicianship classes. Dr. Taggart served as Chair of the Faculty from 2006-08. He received his doctorate in composition at Cornell University.



Thank You!

Join us at PYH
for
the SOTD
Exhibit and Performance

Work by Nolan O'Dell, Delta Smith,
Courtney Rasor and Michael Shoaf for
the SOTD production of Sweeney Todd

Musical and Dance performance by
SOTD students

*lunch provided

